

**READING  
SHOULDER  
SURGERY  
COURSE**



**PHYSIOTHERAPY DAY**

**“The Shoulder Uncovered”**



To be held in

**Reading University**

**[www.readingshoulderunit.com](http://www.readingshoulderunit.com)**

## THE COURSE

**VENUE:** The Palmer Building  
Reading University

**COST:** £125.00 (Including lunch)

**AIM:** To present an insight into recent research  
and concepts of shoulder rehabilitation.

### SPEAKERS:

Mr Stephen Copeland	Consultant Orthopaedic Surgeon Reading Shoulder Unit
Mr Ofer Levy	Consultant Orthopaedic Surgeon Reading Shoulder Unit
Diana Middleton	Senior Physiotherapist Reading Shoulder Unit
Dr Jeremy Lewis	Lecturer and Research Co-ordinator Physiotherapy Dept. Chelsea & Westminster Healthcare NHS Trust
Howard Turner	Lecturer and Private Practitioner Wilmslow, Cheshire
Anju Jaggi	Clinical Physiotherapy Specialist Upper Limb Unit RNOHT
Jo Gibson	Clinical Physiotherapy Specialist – Liverpool Upper Limb Unit
Joanne Elphinston	Private Practitioner, Lecturer and Performance Consultant for elite Sports and the Performing Arts

## BOOKING FORM

### “The Shoulder Uncovered”

To: Physiotherapy Department  
The Mansion  
Cario Reading Hospital  
Wensley Road, Coley Park,  
Reading. Berkshire RG1 6UZ UK

Tel: 0118 9028069

E-mail: [berkshire.physio@cario.co.uk](mailto:berkshire.physio@cario.co.uk)

Website: [www.readingshoulderunit.com](http://www.readingshoulderunit.com)

SURNAME:.....

FIRST NAME:.....

TITLE:.....

HOSPITAL:.....

ADDRESS:.....

.....

.....

TEL: HOME.....

WORK/HOSPITAL.....

E-MAIL.....

### PLEASE DETAIL DIETARY REQUIREMENTS

All applications should be accompanied by payment.

Cheques should be made payable to

**The Berkshire Independent Hospital**

**Please send a SAE for receipt and directions  
to the venue.**

**DEADLINE FOR ENTRIES SEPTEMBER 6th 2004**



**Capio Reading Hospital and Reading Shoulder Unit  
present:**

**“The Shoulder Uncovered”**

**22nd September 2004**

**Palmer Building, Reading University**

**AGENDA**

- 8.45 am Introduction
- 9.00 am **Mr Ofer Levy**  
Advances in Arthroscopic Surgery of the shoulder
- 9.45 am **Howard Turner**  
Dilemmas in Diagnosis at the Shoulder – The Validity of Clinical Assessment
- 10.30 am Coffee
- 11.00 am **Jeremy Lewis**  
Rotator Cuff Disease – Structural or Chemical?
- 11.45am **Anju Jaggi**  
New Classification of Instability: Prevalence of Muscle Patterning and its Management
- 12.30 pm Lunch
- 1.30 pm **Jo Gibson**  
SLAP Lesions & Internal Impingement – A Physiotherapy or Surgical Problem?
- 2.15pm **Joanne Elphinston**  
The Use of the Swiss Ball in Shoulder Rehabilitation
- 3.00 pm Tea
- 3.30 pm **Mr Stephen Copeland**  
The Copeland Surface Replacement
- 4.15 pm **Diana Middleton**  
Rehabilitation following the CSR Arthroplasty +/- Case Studies
- 5.00pm Close

Please note the order of the speakers may change on the day.