



READING SHOULDER UNIT
Royal Berkshire Hospital
Berkshire Independent Hospital



Reading Shoulder Surgery Course 2004

20-22 September 2004

Reading University

Palmer Lecture Theatre

Convenors

Stephen Copeland FRCS

Ofer Levy MD MCh (Orth)

Overseas Guest Speakers: -

| | | |
|-------------------|----------|--------|
| Louis Bigliani MD | New York | U.S.A. |
| Pascal Boileau MD | Nice | France |
| Alex Castagna MD | Milan | Italy |

Faculty

| | | | |
|----------------------|------------|------------------|---------|
| Ian Bayley | London | Rolf Birch | London |
| Peter Brownson | Liverpool | Andrew Carr | Oxford |
| Christopher Constant | Cambridge | Stephen Copeland | Reading |
| Lennard Funk | Manchester | Rachel Hall | Reading |
| Cormac Kelly | Oswestry | Simon Lambert | London |
| Ofer Levy | Reading | Hannan Mullett | Reading |
| Ranald Stuart | Reading | Michael Thomas | Windsor |
| Angus Wallace | Nottingham | | |

READING SHOULDER SURGERY COURSE 2004

20-22 September 2004

www.readingshoulderunit.com



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Monday 20th September 2004

| | | |
|-------------|--|-------------|
| 9.50-10.0 | Introduction | S. Copeland |
| 10-10.30 | Clinical examination with model | P. Brownson |
| 10.30-10.45 | Surgical anatomy +approaches | A. Wallace |
| 10.45-11.15 | Imaging of the shoulder | R. Stuart |
| 11.15-11.30 | Basic arthroscopy and equipment | C. Kelly |
| 11.30-11.45 | Anaesthesia for shoulder procedures | R. Hall |
| 11.45-12.10 | Arthroscopic decompression +ACJ excision | S. Copeland |
| 12.10-12.30 | arthroscopic assessment of instability | P. Brownson |

Lunch

| | | |
|-----------|-----------------------|-------------|
| 2.00-2.20 | A/C injuries + repair | S. Copeland |
| 2.20-2.40 | Frozen shoulder | O. Levy |
| 2.40-3.05 | Rheumatoid shoulder | M. Thomas |
| 3.05-3.20 | Winging scapula | A. Wallace |

Tea

| | | |
|-----------|---|-------------|
| 3.45-4.05 | Shoulder ultrasound demo | L. Funk |
| 4.05-4.30 | Internal fixation of proximal humeral fractures | C. Kelly |
| 4.30-5.00 | Arthroscopic stabilisation | A. Castagna |

5.00 – 7.00 **Workshops**



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Tuesday 21st September 2004

| | | |
|-------------|--|-------------|
| 8.00- 9.00 | WORKSHOPS + coffee | |
| 9.00-9.20 | Thoraco- scapula fusion | S. Copeland |
| 9.20-9.40 | The rotator interval +SLAP tears | S. Lambert |
| 9.40-10.00 | Arthrodesis | A. Wallace |
| 10.20 10.40 | Fractures of the clavicle +scapula | M. Thomas |
| 10.20-10.40 | Arthroscopic stabilisation (Purse String Tech) | O. Levy |

Coffee (10.40-11.10)

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|--------------|---|-----------|
| 11.10-11.25 | Classification of instability | I. Bayley |
| 11.25-11.40 | Nerves + shoulder injuries | R. Birch |
| 11.40-12.00 | Thermal shrinkage | O. Levy |
| 12..00-12.30 | Techniques of open shoulder stabilisation | I. Bayley |

Lunch (12.30-2.00)

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|-----------|-------------------------------------|------------------------|
| 2.00-3.00 | RNOH Patient demonstrations | I. Bayley / S. Lambert |
| 3.00-3.20 | Arthroscopic cuff repair Techniques | O. Levy |

Tea (3.20-3.50)

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|-----------|------------------------------------|-------------|
| 3.50-4.05 | Obstetric Brachial plexus Palsy | R. Birch |
| 4.05-4.20 | Biomechanics +int.Impingement | A. Carr |
| 4.20-4.35 | Sterno-clavicular joint | C. Constant |
| 4.35-5.00 | Open rotator cuff repair technique | L. Bigliani |

COURSE DINNER

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Wednesday 22nd September 2004

| | | |
|-------------|--|-------------|
| 8.00- 9.00 | WORKSHOPS + coffee | |
| 9.00-9.15 | Pathology of Impingement + open decompression | A. Carr |
| 9.15-9.35 | The Constant Score | C. Constant |
| 9.35-10.00 | Complications +Revision Shoulder replacement | L. Bigliani |
| 10.00-10.30 | The Biceps, Tenodesis, Tenotomy, Hourglass LHB | P. Boileau |

Coffee (10.30-11.00)

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|-------------|---|----------------|
| 11.00-11.30 | Surface replacement arthroplasty | S. Copeland |
| 11.30-12.30 | Clinical patients session - Reading shoulder unit | Copeland /Levy |

Lunch (12.30-1.30)

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|------------|---------------------------|-------------|
| 1.30-1.50 | Reverse prosthesis | P. Boileau |
| 1.50-2.05 | Data + image capture | H. Mullett |
| 2.05-2.30 | Odd clinical Syndromes | C. Constant |
| 2.30-3.00 | Arthroplasty for fracture | L. Bigliani |
| 3.00 -3.15 | Discussion + Close | |