



Reading Shoulder Unit

"ADVANCES IN SHOULDER SURGERY"

GP Update Course

Lecture theatre, Trust Education Centre

Royal Berkshire Hospital

Friday 25th January 2008

9:30 -12:30

PROGRAMME

- 9:30 Introduction and Welcome**
Mr Stephen Copeland/ Mr Ofer Levy /Mr Giuseppe Sforza
- 9:40 Anatomy of the shoulder, Painful ARC and Impingment syndrome**
–Algorithm for Treatment-. Mr Stephen Copeland
- 10:00 Shoulder injection techniques**
Mr Giuseppe Sforza
- 10:15 Clinical Diagnosis of Rotator Cuff Tear + Ultrasound scanning**
Surgical Repair of Rotator Cuff and Management Mr Ofer Levy
- 10:30 Physiotherapy- Indications, Management, Home Exercise Programme**
- 10:45 Shoulder Instability and Slap lesion- Classification –Surgical treatment.**
Mr Giuseppe Sforza
- 11:00 Tea/Coffee Break**
- 11:15 Frozen Shoulder: Diagnosis, Natural History & Treatment.**
Mr Ofer Levy
- 11:30 Arthritis of the Shoulder: Treatment + Shoulder Arthroplasty**
Mr Stephen Copeland
- 11:45 Verso arthroplasty for Rotator cuff arthropaty and complex shoulder cases**
Mr Ofer Levy
- 12:00 Overview on different Elbow Problems: Functional range, epicondilitis, stiffness and early osteoarthritis: Surgical management**
Mr Giuseppe Sforza
- 12:15 Discussion**
- 12:30 Closure**

Lunch and Workshop:
Bioskill Lab, Reading Shoulder Unit: Berkshire Independent Hospital

13:15 Lunch

13:30 Injection technique on Models

14:00 Virtual shoulder machine

14:30 Closure