

Reading Advanced Shoulder Course

30 October - 2 November 2013



Programme

	Topics	Surgeon / Lecturer	Moderators
	Wednesday 30 October 2013		
08:00 - 08:55	Registration		
08:55 - 09:00	Welcome	Ofer Levy	
09:00 - 09:15	Clinical examination	Juan Bruguera	Juan Bruguera Nir Hous
09:15 - 09:45	Clinical examination Demonstration on cases x 3 by experts: Przemyslaw Lubiatowski, Martin Holt, Glaydson Godinho		
09:45 - 10:00	Radiology	Ran Stuart	Hannan Mullett Kapil Kumar
10:00 - 10:15	Open surgical approaches	Chris Constant	
10:15 - 10:30	Basic arthroscopy - setup, portals, finding Suture passers, anchors and sutures	Martin Holt	
10:30 - 10:40	Functional scoring and Constant score	Chris Constant	
	Impingement		
10:40 - 10:55	Impingement syndrome + ASD	Ro Kulkarni	
10:55 - 11:05	ACJ pain /arthritis ACJ excision	Ali Narvani	
11:05 - 11:25	Coffee Break		
	Rotator cuff tears		Martin Holt Glaydson Godinho
11:25 - 11:35	Natural history and Patients selection	Ehud Rath	
11:35 - 11:45	SSP + ISP Partial tears	Hannan Mullett	
11:45 - 11:55	Full thickness (SSP + ISP) tears	Peter Brownson	
11:55 - 12:05	SSC tears	Markus Loew	
12:05 - 12:25	Case discussion: RCT - partial, full thickness, SSC, ISP : Glaydson Godinho, Ehud Rath, Hannan Mullett, Peter Brownson, Markus Loew		Martin Holt
	Massive Rotator cuff tears		Ehud Rath Daniel Mole
12:25 - 12:35	Massive RCT - options	Przemyslaw Lubiatowski	
12:35 - 12:45	Re-tears - what to do? intro	Thys DeBeer	
12:45 - 12:55	Tendon transfers	Giuseppe Sforza	
12:55 - 13:05	Biological treatments Use of patches, scaffolds, PRP	Ofer Levy	
13:05 - 13:35	Case discussion: Massive RCT + Biology: Ehud Rath, Daniel Mole, Przemyslaw Lubiatowski, Thys DeBeer, Giuseppe Sforza, Ofer Levy		Joe Abboud
13:35 - 14:35	Lunch		

	Topics	Surgeon / Lecturer	Moderators
	Biceps/SLAP problems		Moshe Pritsch(Perry) Yemi Pearse
14:35 - 14:45	Diagnosis of LHB problems -Tenotomy /Brazilian technique	Glaysdon Godinho	
14:45 - 14:55	Tenodesis techniques	Przemo Lubiowski	
14:55 - 15:05	SLAP repairs	Marco Antonio Veado	
15:05 - 15:25	Case discussion: Biceps/SLAP problems: Kapil Kumar, Moshe Pritsch(Perry), Yemi Pearse, Glaysdon Godinho, Przemo Lubiowski, Marco Antonio Veado		Duncan Tennent
15:25 - 15:45	Scapula dyskinesia	Jo Gibson	Jeremy Lewis Marco Antonio V
	Instability		
15:45 - 16:00	Definition, assessment and classification	Felipe Toro	
	Instability surgery - Open techniques		Giuseppe Sforza Rafa Otero
16:00 - 16:10	Open capsular shift	Moshe Pritsch (Perry)	
16:10 - 16:20	Latarjet	Daniel Mole	
	Instability surgery - Arthroscopic techniques		
16:20 - 16:30	Arthroscopic Bankart repair	Paolo Paladini	
16:30 - 16:40	Purse string	Juan Bruguera	
16:40 - 16:50	Remplisage	Felipe Toro	
16:50 - 17:00	Arthroscopic Latarjet/Bone block	Graham Tytherleigh-Strong	
17:00 - 17:15	Management of acute dislocations - debate: All Brazilian Minibattle	Marco Antonio Veado - I operate Arnaldo Amado Ferreira Neto - I do not operate	
17:15 - 17:30	Coffee Break		
17:30 - 19:00	Workshops: Innovative Design Orthopaedics (IDO)	Stryker	Physiotherapists workshops
	Mitek - Depuy - Synthes	Biomet	
		Arthrex	
		Arthrocare	

	Topics	Surgeon / Lecturer	Moderators
	Thursday 31 October 2013		
08:00 - 08:30	Case discussion: Instability: Rafa Otero, Moshe Pritsch(Perry), Daniel Mole, Paolo Paladini, Juan Bruguera, Felipe Toro, Graham Tytherleigh-Strong, Marco Antonio Veado, Arnaldo A Ferreira, Alex Castagna		Ro Kulkarni
08:30 - 08:45	Management of failures following Instability Ops	Alex Castagna	Ehud Atoun Raffaele Russo
08:45 - 08:55	Calcific tendinitis	Daniel Mole	
08:55 - 09:05	Frozen shoulder	Jai Relwani	
09:10 - 09:20	Scapulothoracic fusion for FSHD	Stephen Copeland	
09:20 - 09:30	ACJ Dislocation: Open techniques	Ro Kulkarni	David Selvey Alexander Van Tongel
09:30 - 09:40	ACJ Dislocation: Arthroscopic techniques	Duncan Tennent	
09:40 - 09:50	SCJ Problems: SCJ arthropathy - arthroscopic excision	Graham Tytherleigh-Strong	
09:50 - 10:00	SCJ instability & reconstruction	Ofer Levy	
	Arthroplasty what to use, arthritis, eccentric wear, cuff deficiency...		Nick Fernandez Theo Rosch
10:00 - 10:10	Surface replacement	Stephen Copeland	
10:10 - 10:20	Anatomic Stemless	Duncan Tennent	
10:20 - 10:30	Stemmed	Markus Loew	
10:30 - 10:40	Reversed stemmed	Philippe Valenti	
10:40 - 10:50	Stemless Reversed	Ofer Levy	
10:50 - 11:20	Discussion - Cases: Arthroplasty what to use, arthritis, eccentric wear, cuff deficiency... Stephen Copeland, Duncan Tennent, Markus Loew, Philippe Valenti, Ofer Levy, Nick Fernandez, Giuseppe Sforza		Alex Castagna
11:20 - 11:40	Coffee Break		
	Glenoid - what to do?		Ali Narvani Ori Safran
11:40 - 11:50	Hemiarthroplasty	Mike Thomas	
11:50 - 12:00	Microfracture	Przemo Lubiowski	
12:00 - 12:10	biological resurfacing	Paolo Paladini	
12:10 - 12:20	All poly glenoid	Thys DeBeer	
12:20 - 12:30	Metal backed glenoid	Alex Castagna	
12:30 - 12:50	Discussion - Cases: Glenoid - what to do? Ali Narvani, Ofer Levy, Paolo Paladini, Ori Safran, Mike Thomas, Joe Abboud, Thys DeBeer, Alex Castagna		Michael Simoni
12:50 - 13:00	Navigation in arthroplasty	Theo Rosch	Jai Relwani
13:00 - 14:00	Live surgery - RCR I	Ofer Levy	Felipe Toro
13:35 - 14:35	Lunch		
14:00 - 15:00	Live surgery - Instability	Peter Brownson	Paolo Paladini
16:00 - 16:30	Coffee Break		

	Topics	Surgeon / Lecturer	Moderators
15:00 - 16:30	Live surgery - RCR II	Juan Bruguera	Yemi Pearse
	Arthroplasty - Revision		Philippe Valenti Peter Brownson
16:30 - 16:45	Revision arthroplasty - modes of failure?	Joe Abboud	
16:45 - 17:00	How to revise stemmed TSA - Tips & Techniques	Daniel Mole	
17:00 - 17:30	Case discussion: Revision arthroplasty: Philippe Valenti, Peter Brownson, Joe Abboud, Daniel Mole, Ofer Levy, Jai Relwani		Thys DeBeer
17:30 - 19:00	Workshops:	Physiotherapists workshops	
	Innovative Design Orthopaedics (IDO)		
	Mitek - Depuy - Synthes	Biomet	Arthrocare

	Topics	Surgeon / Lecturer	Moderators
	Friday 1 November 2013		
08:00 - 08:15	Fractures Assessment & Classification Assessment & Classification	Ralph Hertel	Mike Thomas JF Cazeneuve
	Fracture treatment:		
08:15 - 08:25	Conservative	Arnaldo A Ferreira Neto	
08:25 - 08:35	Minimal invasive - pinning (Palm tree)	Ehud Atoun	
08:35 - 08:45	The Block-Bridge technique	Raffaele Russo	
08:45 - 08:55	Plating	Joe Abboud	
08:55 - 09:05	Arthroplasty - Hemi	Ralph Hertel	
09:05 - 09:15	Arthroplasty - Reverse	Jean-François Cazeneuve	
09:15 - 09:45	Discussion on cases - Fracture treatment: Daniel Mole, Mike Thomas, JF Cazeneuve, Arnaldo A Ferreira Neto, Ehud Atoun, Raffaele Russo, Joe Abboud, Ralph Hertel		Roger Emery
09:45 - 10:10	Coffee Break		
10:10 - 11:30	Live surgery - Stemless reversed TSA Verso	Ofer Levy	Jai Relwani
11:30 - 11:40	Fractures of the scapula	Mike Thomas	Stephen Copeland
11:40 - 13:00	Live surgery - Resurfacing arthroplasty Copeland	Giuseppe Sforza	Stephen Copeland
13:00 - 14:00	Lunch		
14:00 - 14:30	Physiotherapy - Principles of Shoulder Rehabilitation	Kirsty Harris	Omar Haddo Graham Tytherleigh-Strong
14:30 - 14:45	Odd cases	Chris Constant	
14:45 - 14:55	Fractures of the Clavicle	Ori Safran	
14:55 - 15:10	Relive Surgery - Open Latarjet	Raffaele Russo	
15:10 - 15:20	Relive Surgery - Arthroscopic Latarjet	Graham Tytherleigh-Strong	
15:20 - 15:40	Coffee Break		
	Complication of shoulder surgery		Chris Constant Arnaldo A Ferreira
15:40 - 15:50	Fracture Treatment (nonunion... etc.)	Ralph Hertel	
15:50 - 16:00	RCR	Paolo Paladini	
16:00 - 16:10	Instability	Michael Simoni	
16:10 - 16:20	Arthroplasty	Philippe Valenti	
16:20 - 17:00	Discussion: Complication - how to avoid them: Arnaldo A Ferreira Neto, Alex Castagna, Daniel Mole, Ofer Levy, Ralph Hertel, Paolo Paladini, Michael Simoni, Philippe Valenti		Chris Constant
17:00	Conclusion and Closing Remarks		Ofer Levy

	Physiotherapists Workshops	Lecturer
	Wednesday, 30th October 2013	
17:30 - 18:30	Current concepts in the physiotherapy assessment and management of sub-acromial pain syndrome (including SSMP)	Led by Jeremy Lewis
	Thursday, 31st October 2013	
15:00 - 16:30	Current concepts in the physiotherapy assessment and management of shoulder instability & scapula dyskinesia (in two groups)	Led by Jo Gibson & Anju Jaggi
17:30 - 18:30	Debate/discussion workshop Pre-planned patient discussion for advice on challenging patients Q&A session	Chaired by Jo Gibson & Anju Jaggi
	Friday, 1 November 2013	
	Parallel Physiotherapy Sessions	Led by RSU physio's
14:45 - 15:15 Group A	Preoperative screening tool for reverse arthroplasty	Kirsty Harris
14:45 - 15:15 Group B	EMG biofeedback demonstration for muscle patterning instability	Carolyn Hogg
15:15 - 15:30	Coffee Break	
15:30 - 16:00 Group A	EMG biofeedback demonstration for muscle patterning instability	Carolyn Hogg
15:30 - 16:00 Group B	Preoperative screening tool for reverse arthroplasty	Kirsty Harris
16:00 - 16:55 Group A	Practical session regarding clinical tests and treatment techniques, followed by open forum discussion	Minal Dessai
16:00 - 16:55 Group B	Practical session regarding clinical tests and treatment techniques, followed by open forum discussion	Carolyn Hogg
17:00	Conclusion and Closing Remarks	Ofer Levy

	Topics	Surgeon / Lecturer
	Saturday 2 November 2013	
08:00 - 13:00	Ultrasound Course	Ehud Rath / Ehud Atoun
07:30 - 08:00	Registration and coffee	
08:00 - 08:20	Welcome and history of ultrasound	E. Rath
08:20 - 08:40	Sonographic oriented shoulder anatomy	G. Sforza
08:40 - 09:00	Physics of ultrasound and normal sonographic findings of the shoulder	J. Relwani
09:00 - 09:20	Pathological sonographic findings of the shoulder	A. Narvani
09:20 - 09:40	Reading technique demonstration	O. Levy
09:40 - 10:10	Coffee break	
10:10 - 10:20	Ultrasound machine presentation & IFU (Sonosite)	Sonosite
10:20 - 10:30	Ultrasound machine presentation & IFU (Esoate)	Esoate
10:30 - 12:50	Hands on scanning - Normal Anatomy and pathologies - Practical session - 12 stations	E. Rath O. Levy G. Sforza J. Relwani O. Haddo R. Pradhan Y. Pearce E. Atoun S. Copeland A. Narvani N. Hous L. Young A. Van Tongel K. Kumar O. Tsvieli
12:50 - 13:00	One stop clinic	E. Atoun
13:00	Adjurn & Certificates	E. Atoun